

Sweet Treat

## NO-BAKE ENERGY BITES



**PREP TIME**  
20 Minutes



**ADDITIONAL TIME**  
30 Minutes



**SERVES**  
20

### INGREDIENTS

- 1 cup Fiber One cereal
- 1/2 cup sliced almonds
- 1/2 cup mini chocolate chips
- 1/4 cup honey
- 1/3 cup peanut butter (peanut butter alternative, nut butter)
- 1/4 tsp vanilla extract

### DIRECTIONS

1. Stir all ingredients together.
2. Cover and refrigerate for 30 minutes.
3. Roll or scoop into 1" balls.
4. Serve immediately or refrigerate up to one week.

*Feel free leave out or substitute chocolate chips for a dried fruit (blueberries, cranberries, etc.)*