

july

cafeteria menu

sunday

monday

tuesday

wednesday

thursday

friday

saturday

			1 Parmesan Herb Tilapia Whole Grain Wild Rice California Vegetables Peas	2 Breaded Chicken on Bun w/Lettuce, Tomato & Pickles Roasted Rosemary Potato Wedges Mixed Vegetables Asparagus	3 Taco Salad in Edible Bowl Refried Beans Corn	4 Crunchy Onion Chicken Mashed Potatoes & Gravy Broccoli Peas 4th of July
5	6 Sesame Orange Chicken Long Grain White Rice Oriental Vegetables Vegetable Egg Roll	7 Chili Dog on Bun Roasted Red Potato Wedges Mixed Vegetables California Vegetables	8 Baked Ham Mac & Cheese Corn Bake Bermuda Vegetables Asparagus	9 Roast Beef Mashed Potatoes w/Gravy Southern Style Green Beans Carrots Dinner Roll	10 Turkey Tetrzzini Broccoli Peas Garlic Bread	11
12	13 Breaded Tenderloin on Bun w/Lettuce, Tomato, Onion & Pickles Seasoned Baked Curly Fries Bermuda Vegetables Green Beans	14 Beef Enchilada Spanish Rice Corn Sour Cream	15 Chicken Tenders Mashed Potatoes w/Gravy Mixed Vegetables Broccoli	16 Individual Pizza: Cheese Pepperoni Sausage	17 Brat on Bun w/Sauerkraut Baked French Fries Malibu Vegetables Green Beans	18
19	20 Meatloaf Mashed Potatoes w/Gravy Brussel Sprouts Corn Dinner Roll	21 Oven Baked Chicken Hashbrown Casserole Green Beans Broccoli	22 Veggie Lasagna Mashed Potatoes Asparagus Peas Garlic Bread	23 Nacho's Supreme Refried Beans Guacamole Corn	24 Parmesan Pork Chop Mashed Potatoes w/Gravy Bermuda Vegetables Beets Dinner Roll	25
26	27 Herbed Chicken w/Spinach & Tomatoes Baked Potato w/ Sour Cream Broccoli Peas	28 Breakfast Items: Bacon Sausage Eggs Biscuit w/Gravy Roasted Cubed Potatoes Bermuda Vegetables	29 Pulled Pork on Bun w/Pickles & BBQ Sauce Potato Wedges Carolina Cole Slaw Baked Beans Green Beans	30 Chicken Pesto Penne Mixed Vegetables Broccoli Garlic Bread	31 Frito Pie - Plain OR Loaded w/Lettuce, Tomato, Cheese & Sour Cream Malibu Vegetables Corn	